



# Crossnore Presbyterian Church

## "Growing Deeper in Faith, Reaching Out in Love"

P. O. Box 386/200 Chapel Dr., Crossnore, NC 28616  
828-733-1939/cpcpcusa@gmail.com.  
www.crossnorepresbyterianchurch.org

### Announcements and Items of Interest

May 20, 2020

Sunday, May 24, 2020—

Pastor Kathy and a team from our congregation will be recording our worship service for this Sunday from our beautiful rock sanctuary and we have a very talented guest organist, Drew Bradshaw, who has been accepted into graduate school at Cincinnati Conservatory. We hope you will enjoy being back in the sanctuary, even if it is virtual. The email sent on Sunday will include the Zoom link for the service as well as the bulletin, sermon and updated announcements and prayer requests.



As we look forward to planning future worship services, please know that the Session is studying the best ways to keep our

congregation healthy when we do return to worship at our church. We will keep everyone informed. All of us want to return to our beautiful sanctuary but we also want everyone to know it is safe as well. Stay tuned!

Our Wednesday Bible Study will resume on June 3 from 3:4:30 p.m. as we begin a new study on the Book of Acts. It may be on Zoom. If you are interested, please contact Pastor Kathy, so you can be included in the link,

[rev.kathy.campbell@gmail.com](mailto:rev.kathy.campbell@gmail.com)

Thanks to those who are sending in donations for our local food pantries and emergency needs. Because of your gifts, we were able to send a total of \$5,000 in April to Reaching Avery Ministry, Volunteer Avery, and Feeding Avery Families. We are preparing to send out another \$5,000 to various local non-profits who are overwhelmed with need and short on funds. Pastor Kathy will be giving an update soon. We do have a report of one case of COVID-19 in Avery County.

Thanks to those who are continuing to send in their offer-

ings and tithes. Because of your gifts, we are able to continue to be a full-time ministry. Zoom is making it possible for us to have small group and Session meetings. We faced a deficit for the first time in our monthly General Fund for April.

Consider taking a look through the church directory and picking out a few people you would like to call this week. What a joy it would be for them to hear from you! If you have misplaced your directory, let us know and we will send you another one.

Sheri Elderfield has 2 cloth masks with elastic bands and 2 cloth masks with ties—all masks include a hepa filter that can be inserted. The cost per mask is \$6.00. You can pick your mask(s) up at the church or we can send the mask(s) by mail.

Our Friday Hands-On Service Project is with Feeding Avery Families that provides over 600 families and individuals each month with much need groceries. Volunteers are needed. The office is located next to Carolina BBQ in downtown Newland. Please look at the Feeding Avery Families Facebook page to know how they are operating in the midst of COVID-19.

#### May Birthdays

- \* DON HUSTON—MAY 4
- \* JANE JOHNSON—MAY 4
- \* ED COX—MAY 6
- \* KATHLEEN SHEIL—MAY 6
- \* JANE SOWDER—MAY 10
- \* FRANCES BROWN—MAY 11
- \* JOANNA CAMPBELL—MAY 12
- \* ARCHIE McMANNEN = MAY 12
- \* JOE TODD—MAY 12
- \* JOHN HUGHES—MAY 21
- \* JACK HOGAN—MAY 30

#### Prayer Requests

- \* CORRINE BARWICK
- \* TASHA REID
- \* CHARLIE STUART
- \* MAGGIE LAUTERER
- \* MEL WHILHITE
- \* GORDAN GACEK
- \* MIKE KILGORE
- \* FRANK MARTIN
- \* BARBARA ROSS
- \* FRANK DUNCAN
- \* RYAN WATTS
- \* KATHY HUTCHESON
- \* PEPE ABRUSCI
- \* JAMES QUEEN
- \* DAVID FRANCE
- \* FRANCES BROWN

*We are afflicted in every way, but not crushed; perplexed, but not driven to despair; . 2 Cor. 4:8*

#### Building Resilience in Troubling Times by Barbara Stuart

I cannot recall a time in my lifetime when the whole world was simultaneously experiencing "trouble." Mother Earth is hurting and patiently waiting for healing from Covid-19. During times like these it is good to remember that as God's creation – made in his likeness – we are resilient.

What is resiliency? It's the ability to bring energy to our lives – spiritually, emotionally, physically and mentally. It is something we can all learn and build up reserves for times like these.

First – we need to realize and accept that life is CHALLENGING. There will be periods of trial along with times of great joy. It is a cycle – up/down/up/down – and the good times are usually far more numerous and longer than the low times. Remember that the bad times will not last forever. Think about times you have bounced back before. You will again. Second – we need to practice gentle CONTROL. What can you influence right now in this situation? Your attitude? The ability to help someone? Staying home for the sake of others? The chance to slow down and count your blessings? Or clean out all the closets!?! Are

there things you cannot change? If so, then your work is to surrender – not give up, but practice acceptance—and be ready for the growth and learning that can follow.

And third – we must remember our COMMITMENTS. Remember who you are and WHOSE you are. What are you committed to that is larger than you? Your values? Beliefs? How are you living out your commitments? Remember the Holy One who is in your midst! You are never alone.

**"We are crushed, perplexed and afflicted, but not driven to despair or destroyed." 2 Cor. 4:8**

#### A Covid-19 Blessing:

May you test positive for faith, Distance from doubt, Isolate from fear, Shelter in His presence,

